





wearing any clothing or in any situation, keeping your self-esteem high.

The harmony of body curves is increasingly valued and the gluteus is an essential region for a better balance.

The discomfort with gluteal sagging over the years, genetic inheritance or even dissatisfaction with volume or its format<sup>1</sup>, can be solved with gluteal augmentation surgery, which improves self-esteem and makes you more confident to expose your body.

The Silimed Gluteal Implants were developed for both the female and the male public; achieve a greater gluteal projection resulting in a high degree of satisfaction and well-being.



Silimed has developed gluteal implants since the 1980s and has made several models available on the market with designs by renowned plastic surgeons, resulting from a successful partnership.

Following the technological advances to meet the aesthetic clinical needs of the patients, it developed its exclusive model with a differentiated format, the Quartz Gluteus Implant and maintained its classic round implant line allowing the adaptation of several known surgical techniques.

# The Gluteus Implants Silimed

Both formats are made with a tough elastomer membrane, filled with 100% medical grade silicone gel and high performance. Because it is a region that suffers constant impacts and pressures, its gel has a consistency and hardness developed to resemble the tissues of the area and maintain resistance.

# Silimed Gluteal Implant Formats for each biotype:

#### Gluteal Implant Quartz

It has an oval base, high projection and smooth opaque surface, obtained through a differentiated technology. It is suitable for people who have a hip shape with size and proportion where the height is longer and the width is narrower.<sup>3</sup>



#### **Round Gluteal Implant**

It has a round base and profile, with a smooth glossy surface. Ideal for people who have a hip shape of equal size and proportion, where their height and width are similar.<sup>3</sup>



# Is there more than one type of insertion for placement or position of the gluteus implant?

Four approaches can be used for the placement of gluteus implants, which will be evaluated by your plastic surgeon in your consultation:

- **SUBCUTANEOUS** (just below the skin)
- SUBFACIAL (under fascia or pre muscular)
- SUBMUSCULAR (below the muscle)
- INTRAMUSCULAR (within the major muscle)

### How is the post-surgery?







After

#### **Scar of Surgery**

The scar of this surgery is located in the upper line between the gluteus, with a length of 6 cm on average, thus remaining totally hidden when the patient is standing.



#### **Recovery and Recommendations**

The average length of hospital stay is 24 hours or according to the recommendation of the Plastic Surgeon.4 At home, you should maintain relative rest during the first week. You will not need bed rest; you can walk, sit and sleep with your abdomen up or down. However, sleeping on the side or climbing stairs for a week is not recommended, and recovery takes an average of two weeks. (1,4)

#### Return to Routine

The return to the routine occurs in about ten to fourteen days depending on the activities performed<sup>1,4</sup> being able to return to a daily activity that does not require great physical effort.4

#### When to return to physical activity?

There is no physical restriction after full recovery, which lasts about 2 months. However, any kind of gymnastics and sports activities can be performed from three months after the surgery.4 But remember to follow all the guidelines of your Plastic Surgeon.

<sup>3 -</sup> WWW.DRMARCELOOLIVAN.COM.BR - 05/03/2018 AS 17H00 - AESTHETIC SURGERY TECHNIQUES: A CASE-BASED APPROACH, GLUEAL AUGMENTATION. MARCELO OLIVAN, MD

<sup>4 -</sup> HTTP://DRFERNANDOSERRA.COM/PROCEDIMENTOS\_GLUTEOS\_PROTESE.HTML - 20/03/2018 AS 10H00 5 - HTTP://CLINICALANGE.COM.BR/7S=GLUTEO - 27/03/2018 AS 14H00

## LAUNCHING, FOR THE LAST 40 YEARS, THE NEW GENERATIONS OF SILICONE IMPLANTS IN THE WORLD.

Present in the market since 1978, SILIMED brings together all its technology to the modernity and sophistication of an increasingly demanding market, and its purpose is to serve plastic surgery, in the sense of offering products of the highest quality that can satisfy the needs for its clients and patients.

Silimed products are made from high quality raw material and innovative technology. It was the first in the world to identify each part with an individual serial number, which allows the traceability of its products, providing more security.

Therefore, Silimed is committed to the quality of its products, always seeking to provide the best for you.



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