# Answers to patients' main questions

# ① What is the difference between a breast augmentation and breast lift?

Breast augmentation is a surgical procedure that aims to increase, correct or restore volume in the breasts and provide a better contour, firmness and symmetry by inserting a silicone implant.

Breast lift is the procedure of lifting the breasts and removing excess skin caused by aging, pregnancy, weight fluctuations, etc. There is also the possibility of combining the two procedures, called breast lift with implant, in which it is possible to lift and augment the breasts at the same time.

DOCTOR ANSWERS - Dr Renato Freitas - https://www.instagram.com/p/ByVfJa9nQs9/ - 05/06/2019

## ② Is there more than one breast implant shape, projection and surface?

Yes. Silimed's breast implants have different shapes and surfaces to meet the needs of the plastic surgeon and their patients, helping each woman achieve the ideal result for her body.

The Standard line is a classic option for round implants that offers a more natural fullness to the breasts. The surfaces of the implants in this line can be **smooth**, **textured** or **polyurethane**.

In the BioDesign line, there are five types of breast implants with different profiles and bases (*Advance, Maximum, Natural, Enhance and Nuance*). In addition, BioDesign implants have 4 types of projections (*LO, MD, HI and XH*) for each base. In this line, the implants have a **polyurethane** or **textured** surface.

### TRUE TEXTURE



# 3 Is it possible to use silicone implants of different sizes to correct asymmetries in the shape and size of the breasts?

It is possible, especially in cases of simple breast augmentations (without removing skin). When the indication is to perform a breast lift, implants of equal sizes are generally used and the breasts are given symmetry through the removal of breast tissue.

DOCTOR ANSWERS - Dr Alik Amar Büttner - https://www.instagram.com/p/B2PCpIPnAW3/ - 10/09/2019

### 4 What are the possible incisions in breast surgery?

There are three possible types of incisions in the procedure: **axillary**, **inframammary** and **periareolar**. The only one that does not leave a scar on the breast is the axillary. All incisions have the same function; your surgeon will inform you of the one most suitable for you.

HTTP://WWW2.CIRURGIAPLASTICA.ORG.BR/CIRURGIAS-E-PROCEDIMENTOS/MAMA/MAMOPLASTIA-DE-AUMENTO/ 07/01/2019 AS 10H00







### inframammary

### periareolar

### 5 How long does the breast implant last after it is inserted?

Although silicone implants have no estimated life expectancy recognized by the scientific community, Silimed establishes an average period of 10 years. However, each body reacts differently and this parameter can be changed when necessary. Therefore, Silimed recommends the patient have annual clinical follow-ups with her plastic surgeon.

### (a) Is it possible to breastfeed after putting in breast implants?

Breast implants do not interfere with breastfeeding. Surgery is usually performed behind the mammary glands, so the space occupied by the implant does not violate the glands that produce and store breast milk.

HTTPS://SBCP-SC.ORG.BR/ARTIGOS/MULHERES-COM-PROTESE-DE-SILICONE-PODEM-AMAMENTAR/ - 26/12/2019 – 13H37

# (7) Can women get mammograms after putting in breast implants?

Yes, she can get the mammogram as requested by the doctor. However, the existence of the implant must be informed before the exam is performed.

HTTPS://CBR.ORG.BR – 26/12/2019 – 15H00 · PARECER: Consentimento informado para realização de mamografia em portadoras de próteses e implantes

### 8 Do the breast and nipple lose sensitivity after surgery?

It is common to have a temporary change in sensitivity right after surgery, followed by a gradual return to normal, which can take a few months.

HTTPS://WWW.LUCIANAPEPINO.COM.BR/BLOG/VERDADES-E-MENTIRAS/PROTESE-MAMARIA-E-PERDA--DE-SENSIBILIDADE/ - 20/12/2019 – 11h00

### 9 Can the gel leak?

No. The **HSC Silimed filler gel is highly cohesive.** This high cohesiveness has a property responsible for maintaining proximity between the silicone gel molecules, which keeps the gel from moving in case of a rupture.



### Under what circumstances is it necessary to change the breast implant?

The breast implant needs to be replaced in some situations, such as major capsular contracture (grade III or IV) or rupture of the implant. These conditions usually happen after several years with the prosthetic implant and are evidenced by the breast ultrasound exam. There are some other less common situations where reoperation is necessary, such as bruising (postoperative bleeding, which can happen in the first few days after surgery) and surgical infection. In the latter case, it is usually necessary to remove the implant and put a new one in after about 3 months.

DOCTOR ANSWERS – Dr Aluizio Machado - https://www.instagram.com/p/B6DcfN3JaLu/ - 14/12/2019

### **ALWAYS CONSULT YOUR PLASTIC SURGEON**

Breasts are symbols of femininity and motherhood and, for many women, changing or correcting their breasts means fulfilling a dream. When a woman is not satisfied with her own breasts due to their size, lack of symmetry, flaccidity or ptosis due to weight loss and breastfeeding or because they are atrophied, she has low self-esteem, her psychological state is affected and she decides to have breast augmentation or reconstruction surgery. When choosing breast implants, many doubts arise. With that in mind, Silimed, the largest manufacturer of silicone implants in Latin America and a sales leader in Brazil, created this article to help women understand their needs, clarify their main doubts and feel more secure and confident in their decision. After all, there are different implants for different biotypes.

### **SILIMED**

Present in the market since 1978, Silimed's mission is to contribute to plastic surgery, promoting both research and scientific studies and developing technologies to meet the different needs of patients. All Silimed products are manufactured with quality raw material and state-of-the-art technology, which ensure all the necessary certifications to operate. Today, Silimed is present in several countries.

### **CERTIFICATIONS**

All Silimed products are manufactured with quality raw material and state-of-the-art technology, which guarantee all the necessary certifications for its performance.

### BRAZIL

Installations and production processes inspected and products registered with the National Health Surveillance Agency (ANVISA), the Ministry of Health, the National Institute of Technology (INT) and the National Institute of Metrology, Quality and Technology (INMETRO) Environmental conditions and production techniques are controlled by ANVISA's Good Manufacturing Practices for Medical Products (GMP).

### OTHER COUNTRIES

Acting in compliance with all formal requirements of each ministry of health in the countries where its products are distributed.

### ISO13485

Achievement of ISO 13485, an internationally recognized standard as a quality management system for the medical device industry.



**100% medical grade silicone** that assists in the treatment of keloids, common and hypertrophic scars associated with erythema

ТҮРЕ	UNIT FOR PACK	SIZE	INDICATIONS
plate	1	10 x 10 cm	Suitable for wide or scattered scars, as the ones derived from burns.
strip	1 2	30 x 2 cm	Linear scars such as abdominoplasty, re- duction mammoplasty, caesarean sections, etc.
disc	1	7cm (diameter)	Areolar scars, due to reduction and breast augmentation, as well as of cysts.
coat	1	15g	Uncovered areas, that do not come in contact with clothing.

### **MORE INFORMATION**

Access: www.silimed.com/scar-treatment



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Mammary implants 10102180060|10102180066 |10102180002

### WWW.SILIMED.COM





# What is left for you to decide?

HAVE YOUR MAIN QUESTIONS ABOUT BREAST IMPLANTS ANSWERED



